

Liposuction under local anesthesia

Many patients have concerns about being placed under general anesthesia, or possibly due to some minor health reasons, it's better that they do not go under anesthesia. Fortunately, a technique has been developed, and practiced by a few plastic surgeons, that can accommodate this.

The technique begins with taking some pills. Pain medications are given to help with comfort. Another medication assists with

the anxiety we all have around the time of a surgical procedure. Then a medicine for potential nausea like Phenergan are taken too. Lastly, an antibiotic is taken. Any of the medications can be modified if the patient has had any allergy issues. Typically an IV is started but is capped off and not used for any fluids unless the physician feels this would assist the patient's recovery. Giving IV fluids is rarely done.

Prepping the liposuction areas of concern is then done. The areas for liposuction are then slowly injected with a numbing medication to make the surgical procedure a painless experience. Even large areas can be accomplished.

Liposuction is done via what essentially is vacuuming out the fat through a small tube (called a cannula) placed into the fat. The cannula is connected to flexible tubing- connected to a

jar- that is connected to a vacuum pump. The cannula is gently moved back and forth and as the fat comes next to the holes in the cannula, it is drawn into the flexible tubing and down into the jar. As the fat layer becomes thin enough, we move to another area.

The treated areas have tunnels where the fat has been withdrawn. This is where compression becomes important. A girdle-like liposuction garment is worn for several weeks to smooth out the contour in the liposuctioned areas.

After surgery you can be up and about so much quicker and easier since there is no anesthetic to wear off. Most patients can drive and return to desk type work in 3-5 days. The swelling after surgery takes a while to resolve.

At six weeks, about 60% of the swelling is gone and several months later you are close to seeing the final results.

Can your bulge come back? We grow the last of our fat cells at puberty. No more develop. After puberty, the fat cells we have can grow (or they can shrink.) When a fat cell is liposuctioned out it is no longer available to grow. But, not all the fat cells in an area are removed or you would look deformed. So, the remaining ones can enlarge if you overeat. To make you feel better, if you are going to gain 5 lbs of fat, it's not like it only goes to the liposuctioned areas—it's typically spread around your body. This helps retain your result.

Being awake for surgery is not for everyone, and that's ok. But if the risks of general anesthesia have been holding you back—well, you don't have to hold back any longer



Dr. Virgil V. Willard II
Board Certified by the American Board of Plastic Surgery

Helping Seniors

Live Independently at Home



Personal Care Services Include:

- Randolph, Guilford, Davidson, Chatham, Montgomery, and Moore Counties & More Counties.
- Personal Care "Bathing & Dressing"
- Light Housekeeping & Errands.
- Grocery Shopping & Meal Preparation
- Transportation for Doctors Appt & Pharmacy
- We offer CAP & VA Services.

10% DISCOUNT
for first 2 months for
New Private
Duty Customers

We accept Medicaid, Long Term Insurance, VA Benefits & Private Pay



Wherever You Go, Whatever You Do, May Your Guardian Angels Watch Over You.

PO Box 281
Randleman, NC 27317
336-495-0338

Make It a Beautiful Summer

We Can Help Get You Summer Body Ready!



We Specialize in the Latest State-of-the-Art Cosmetic Surgery Procedures.

- Breast Augmentation
- Liposuction
- Tummy Tuck
- Eye Lid Lift

Saving Face Medical Spa

Special
Receive a Free NewStrata Antiaging Starter Kit with any \$50 or more NeoStrata product purchase.
While Supplies last.



PIEDMONT
PLASTIC SURGERY

THE CENTER for IMAGE DISCOVERY

Piedmont Plastic Surgery

Dr. Virgil V. Willard, II
1011 N. Lindsay St., High Point
336-886-1667
www.PlasticSurgeryNC.com



Dr. Virgil V. Willard II

with Bandit & King George Board Certified by the American Board of Plastic Surgery